

## WARNING SIGNS OF PREMATURE LABOR (FOR PATIENTS LESS THAN 35 COMPLETED WEEKS)

READ BELOW, BECAUSE YOU MIGHT NEED TO NOTIFY US AT ONCE!!!!

INTERMITTENT DISCOMFORT OR PAIN THAT RESOLVES WITH REST IS RARELY PRETERM LABOR.

PAY SPECIAL ATTENTION TO SYMPTOMS WORSENING OVER SEVERAL HOURS (SEE SYMPTOMS LISTED BELOW).

1. Uterine contractions (IF MORE THAN 5-6/HR), especially if worsening in frequency or intensity of pain.
2. Menstrual-like cramps.
3. Low dull backache felt below waistline.
4. Pelvic pressure feels like baby is pushing down.
5. Abdominal cramping with or without diarrhea.
6. Vaginal discharge may suddenly increase in amount, become mucousy or watery.
7. Call right away for a bloody discharge.