

Childbirth Essentials

A one-day class intended to prepare the expecting couple for the birth of their baby. This class is for everyone, whether you want an epidural, a natural birth or a wait-and-see approach. It is for all patients of Roswell OBGYN, whether you plan a midwife or a doctor delivery; we will discuss each option and what it means to have a “midwife delivery”. We will discuss the different birthing options, as well as what to expect during labor and delivery. There will also be an overview of the postpartum period and breastfeeding. Classes are led by one of our Certified Nurse Midwives, Amanda Driskell. We feel that learning the essentials of childbirth practices and hospital policies from the practitioners who deliver babies with this practice is the best way to get the most relevant, accurate and applicable information.

Classes will be held once a month on the following days at our Atlanta/Interchange office:

June 27:	1:00 – 6:00 pm	Sept. 26:	1:00 – 6 pm
July 18:	1:00 – 6:00 pm	Oct. 10:	1:00 – 6 pm
Aug. 8:	1:00 – 6:00 pm	Nov. 14:	1:00 – 6 pm

Please call 770-751-3600 to schedule for one of the above classes.

Tuition fee per couple is \$90.00 to be paid the day of class. We are not able to accept check or credit card, so please bring cash only. Snacks will be provided. There may also be a short presentation from a representative of a cord blood banking company, as well as a pediatrician present for a question-and-answer session.